

# *Villa Maria Lifetimes*

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### **Mission Statement:**

“Villa Maria inspired by the Sisters of Mary of the Presentation, serves those in our care with respect and compassion as we strive to fulfill the healing mission of Jesus.”

## **Annual Resident/Family Picnic**



The Villa’s annual picnic was held on June 1. What a beautiful day for a picnic! Great company, food, music and weather.



## Upcoming Events

### July:



- 12<sup>th</sup> Red River Valley Fair Outing
- 13<sup>th</sup> Redhawks Game...12:30 pm
- 14<sup>th</sup> Special Music: DC & Hawk...2:00 pm
- 18<sup>th</sup> Special Music: Jan Seversopn...2:00 pm
- 28<sup>th</sup> Monthly Birthday Party-  
Loretta & Rick...2:00 pm
- 31<sup>st</sup> Special Music: Blue Moon...5:00 pm

### August:

- 3<sup>rd</sup> Special Music: Joan Miller...11:00 am
- 8<sup>th</sup> Special Music: Jerry Jacobson...2:00 pm
- 14<sup>th</sup> Country Auggies...2:00 pm
- 23<sup>rd</sup> Special Music: Raw Sugar...5:00 pm
- 25<sup>th</sup> Monthly birthday Party-  
Betty & Leonard Wahl...2:00 pm
- 31<sup>st</sup> Redhawks game...12:30 pm

Watch for additional special events on the television monitor in the hall outside the dining room.

### Ongoing Activities

Bingo 2:00pm(Tues, Sat)

Card Bingo 2:00pm(Fri, Sun)

Catholic Mass 2:00pm (Weds)

Protestant Services 2:00pm (Thurs)

Communion Service 12:00pm(Mon, Fri)

Singing 11:15am(daily)

Library Outreach 3:00pm(2<sup>nd</sup> & 4<sup>th</sup> Weds)

Veterans Coffee Hour 9:00am  
(2<sup>nd</sup> & 4<sup>th</sup> Tues.)

Resident Council 2<sup>nd</sup> Monday of the month at  
11:15am

## Volunteer Recognition

The Villa celebrated our volunteers at a coffee hour on April 25<sup>th</sup>.



Renae, Linda and Ann



Julie and Carol thanking the volunteers.



Raw Sugar performed at the picnic.

## **Nursing Update**

### **ANTIBIOTIC STEWARDSHIP**



Dianne and Becky help serve at the picnic.

## **Dietary Update**

Greetings from the Dietary Department! We are so excited that summer has finally arrived and that warm weather is finally upon us! The dietary department has been working hard on coming up with new food items to fit with our summer menu. The residents can expect to see more salads, fresh fruits and vegetables on this menu. It seems they have really been enjoying these so far! Just a quick reminder: We want to encourage all loved ones to feel free and bring in any special snack items they feel the residents would enjoy. We know that sometimes we are not able to provide some of these items. However, the kitchen is not allowed to hold any outside food items in their refrigerator or freezer. Instead you may leave any of items you bring in to the refrigerators on the South or North side of the building. Please be sure to put names and dates on them!

We hope you enjoy your summer!

Antibiotic stewardship is a process whereby the use of antibiotics is designed to minimize the risk of adverse effects. This includes decreasing the potential toxicity of the medications, decreasing the development of infections resistant to antibiotics and decreasing the overgrowth of pathogenic organisms such as *Clostridium difficile*.

All nursing homes, including Villa Maria, will soon be required by Medicare to implement an antibiotic stewardship program. The goals of this will be to select the least broad spectrum antibiotic given for the shortest period of time that will resolve the infection.

Common examples of this process would include not prescribing antibiotics for viral upper respiratory infections. Also, it is well known that approximately 50% of all long term care residents harbor bacteria in the urine without symptoms (asymptomatic bacteriuria). Therefore, the current recommendation is to treat a resident for a urinary tract infection only if they have urinary symptoms such as burning, frequency, abdominal or back pain or fever. A change in behavior of a nursing home resident without urinary symptoms is not an infection and should not be treated with antibiotics. If you have any questions, ask for Sabrina, our Director of Nursing.

## Meet & Greet



Tony Keelin is the new Administrator at the Villa.

Tony Keelin has been named the Administrator at the Villa. He will serve in a shared capacity at the Villa and Rosewood on Broadway. Tony has worked in long term care for over 20 years. He lives in Fargo with his wife and 2 daughters.

We also welcomed Matt Ahrndt as the new Assistant Administrator at Villa and Rosewood.

Matt graduated from Concordia College. He is originally from the Benson, MN area.



Matt Ahrndt is the new Assistant Administrator

## Did You Know(Fun facts)...

- Mosquitoes, summer's pest, have been around for more than 30 million years.
- The modern Summer Olympics were revived in 1896
- The average American eats 15 pounds of watermelon a year and that they are 92 percent water.
- July is National Ice Cream Month



Ray Janousek boarded the Honor Flight out of Fargo on May 14th accompanied by his son. When asked about the trip, Ray stated, "It was a once in a lifetime, rewarding trip."

Ray said it was very fast paced but worth it. One of the most memorable moments was seeing all the memorials and the national archives, especially the declaration of independence. Ray said they even got police escort around Washington, D.C.

## Spiritual Corner

### *Remember that Everything Has God's Fingerprint on It*

Everything that God has created is potentially holy. Our task as humans is to find that holiness in what appear to be unholy situations. He suggests that when we can learn to do this, we will have learned to nature our souls. It's easy to see God's beauty in a beautiful sunrise, a snow-capped mountain, the smile of a healthy child, or in ocean waves crashing on a sandy beach. But can we learn to find the holiness in seemingly ugly circumstances – difficult life lessons, a family tragedy, or a struggle for life?

When our life is filled with the desire to see the holiness in everyday things, something magical begins to happen. A feeling of peace emerges. We begin to see nurturing aspects of daily living that were previously hidden to us. When we remember that everything has God's fingerprints on it, that alone makes it special. If we remember this spiritual fact while we are dealing with a difficult person or struggling to pay our bills, it broadens our perspective. It helps us to remember that God also created the person you are dealing with or that, despite your struggle to pay your bills, you are truly blessed to have all that you do.

Somewhere, in the back of your mind, try to remember that everything has God's fingerprints on it. The fact we can't see the beauty in something doesn't suggest that it's not there. Rather, it suggests that we are not looking carefully enough or with a broad enough perspective to see it.



**Villa Maria**

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